

"Shame on You" Shame-based Parenting

CCEF National Conference 2012 Julie E. Lowe

Audience: Parents and those who work with parents and families
• The use of shame & guilt in parenting: What it looks like in a family
 Why do we do it? It seems to work in the moment, but has long lasting and adverse repercussions.
Our call as parents: Aiming for something better
 Parenting the guilty child: How to respond to children who inherently wrestle with sham or guilt
 Resources