### FAQ CCEF DVD Curriculum: Topical Studies for Individuals or Groups Q&A

## Q: Is there a difference between the individual and group Workbook? Are the DVDs you get with either of the packages also the same?

A: The DVDs and Workbooks are exactly the same. The Workbook has been written in a way that either an individual or a group can use it and benefit from the content of each talk, the study questions, and the reflection questions.

# Q: How is this series different than "Changing Hearts, Changing Lives," "Instruments in the Redeemer's Hands," or "How People Change"?

A: Changing Hearts, Changing Lives is no longer available for sale. Other DVD studies such as *Instruments in the Redeemer's Hands* and *How People Change* can be purchased through one of our publishers, New Growth Press. This new series of DVD curriculum is published directly by CCEF. The *Instruments* study provides a broad introduction to biblical counseling methodology, whereas these studies seek to take that base and apply it to a variety of topics.

### Q: Can these studies be used in a Sunday School class or in a small group setting at church?

A: Yes, these studies were designed to be used by two different types of groups. For example, members of a small group or a ministry team interested in an in-depth study can all purchase the Workbook and work through it together with a leader. In a Sunday School setting, or with a group seeking an introduction to a topic, the leader can purchase the Workbook and print copies of the Group Handouts for group members. The introductory discussion questions and the reflection activities for each lesson are designed with a wider audience in mind. The study questions are designed for an in-depth study but also provide the leader of an introductory group with a means to prepare for leading the discussion of each talk.

## Q: What other helps does this curriculum provide to leaders and participants besides topical content?

A: This curriculum series provides a helpful introduction to understanding a Christian and biblical worldview. This curriculum also provides insights and explanations of one-on-one ministry in a way that encourages people with different senses of calling to engage others in the ministries of Christian friendship and care. While this curriculum does not provide direct training in biblical counseling methodology, it does provide the biblical wisdom and practical applications of biblical counseling for everyday ministry situations.

# Q: I have the audio from the 2011 Psychiatric Disorders National Conference, do I need to buy the DVD, or can I just buy the Workbook?

A: You could buy only the Workbook and use it with the audio you have, yes. But please know that the Workbook was written and organized to be used in conjunction with the DVD set. So, for a group setting we recommend utilizing the DVDs and Workbook together.

#### **Q&A** for Loss—A biblical approach to understanding how God transforms our sorrows

#### Q: How is this different from the 2014 Loss Conference audio product?

A: This is a brand new curriculum that was written in 2016. It utilizes video filmed at the 2014 conference. It also includes exercises and activities, study and reflections questions, and recommended resources. This DVD and Workbook set can be used individually or in a group setting. The audio resource does not include the Workbook. It is the audio of all sessions from the 2014 conference.

#### Q: What is the intended audience for the Loss resource?

A: The Workbook was written with two audiences in mind. The first would be counselors, mental healthcare workers, pastors, and other leaders who walk alongside people who are struggling and who want to explore the topic of loss from a biblical perspective. In this setting each participant should have a Workbook to use.

The second would be for a church who is not as familiar with the model of biblical counseling taught at CCEF but wants to better equip their members to understand loss biblically. In this setting, participants can still use the Workbook, but it is not necessary. There are Group Handouts that can be copied at the back of the Workbook (handouts only) and given to participants. Leaders would use the Workbook as their aid in selecting the appropriate group activities and study questions for their group.

#### Q: Can this study be used in a Sunday School or in a group setting at church?

Yes, this curriculum was designed to be used in a Sunday School setting and for introductory audiences. The reflection activities and introductory discussion questions for each lesson are designed with a wider audience in mind. This series is also a helpful introduction to understanding a Christian and biblical worldview. In fact, this study is not designed to be a comprehensive methodology for how to counsel someone through a loss. It is an introductory study that provides a biblical framework for understanding loss.

#### Q: Is this study a resource for those who are grieving?

Though those in the throes of grief may find encouragement here, this resource may be more helpful after the initial shock of a loss has passed in time. We have developed this study for individual reflection and personal discipleship. Our prayer is that this resource will be a light of hope and truth in the face of sorrow and suffering. And we pray that the comfort you receive from the Lord will be used by God to help you comfort others.

If you want to utilize this resource in counseling, we recommend you watch the videos and explore the workbook yourself first to determine its benefit for a particular person you are helping right now.

Q: Why is this resource more expensive than the topical study on Psychiatric Disorders? Our desire is to produce resources that are affordable and helpful. With that in mind, we have tried to price this resource to be used in ministry settings and for individuals. The topical study

on Loss has a longer running time than Psychiatric Disorders and the Workbook is over 100 pages and is perfect bound. If you have other questions related to the cost, please let us know.